HERZING UNIVERSITY

Course Syllabus

Course Title: Mental Health Nursing **Course Code**: NSG524

Credit hours: 3.0

Lecture and Discussion (15 contact hours per credit) 45 Contact Hours

Course Description:

This course focuses on the role of the nurse in caring for patients with alterations in mental health. Focus is placed on the nursing process framework with emphasis on assessment, therapeutic communication, neurobiological and psychosocial theories, pharmacology, and current practices related to the care of the mentally ill. Interventions focus on aspects of care to include professional communication, patient and family teaching, review of community resources, and practical application in various clinical settings.

Program: MSN Nursing

Program Outcomes:

Upon completion of their program, the student should be able to:

1. Prioritize patient-centered care using clinical judgment and the nursing process. (Knowledge for Nursing Practice, Person-Centered Care)
2. Collaborate with patients, families and team members to provide safe and culturally competent care. (Population Health, Quality and Safety)
3. Integrate evidence-based practice within diverse clinical settings to deliver optimal care. (Scholarship, Systems-Based Practice)
4. Minimize risk of harm to patients and providers through both systems effectiveness and individual performance. (Quality and Safety)
5. Use informational technology to communicate, mitigate error, support decision making, and manage patient care. (Informatics and Healthcare Technologies)
6. Evaluate quality improvement processes to enhance patient outcomes. (Quality and Safety)
7. Integrate professionalism and advanced leadership skills within the interdisciplinary healthcare environment. (Interprofessional Partnerships, Professionalism, Personal, Professional, and Leadership Development)
8. Analyze national and global policies, legislative concepts, and economics to address population outcomes. (Professionalism)

Course Learning Objectives:

Upon completion of this course, the student will be able to:

1. Integrate scientific evidence from nursing and biopsychosocial disciplines, and safety and quality improvement when designing and implementing patient care within the mental health population
2. Integrate neurobiological and psychosocial theories related to mental illness and evidence-based treatment modalities in the holistic care of the mentally ill.
3. Integrate professionalism and collaboration within the interdisciplinary clinical environment to promote the well-being of the mental health patient and/or family.
4. Educate patients with psychosocial health needs within the context of health promotion and maintenance.
5. Minimize risk of harm to patients and providers through systems effectiveness, individual performance, and application of legal and ethical concepts related to the practice of nursing in the mental health setting.
6. Prioritize patient-centered care using clinical judgment and the nursing process.

Topics & Learning Activities

Module	Topics & Activities	Points Possible
1 Foundations and Theories of Psychiatric-Mental Health Nursing	**Topics:** Foundations and Theories of Psychiatric-Mental Health Nursing: • Foundations of Mental Health Nursing • Neurobiologic Theories • Psychosocial Theories • Basics of Psychopharmacology **Readings**: • Chapter 1, Mental Health and Mental Illness • Chapter 3, Neurobiology and Pharmacotherapy • Chapter 2, Theories and Therapies **Assignments**: • Sherpath Lesson: Role of the Mental Health Nurse • Sherpath Lesson: Theories, Practices, and Standards Guiding Mental Health Nursing • Sherpath Lesson: Nonpharmacologic Psychotherapeutic Modalities • Unit 1 Discussion: Case Study	10 pts/each 5 pts

	Quizzes: • Unit 1 Quiz: Chapter 1, Mental Health and Mental Illness • Unit 1 Quiz: Chapter 3, Neurobiology and Pharmacotherapy • Unit 1 Quiz: Chapter 2, Theories and Therapies	20 pts/each
2 Legal and Ethical Issues and Treatment Modalities, Settings, and Therapeutic Programs	**Topics:** Legal and Ethical Issues and Treatment Modalities, Settings, and Therapeutic Programs: • Legal and Ethical Issues • Treatment Modalities, Settings, and Therapeutic Programs **Readings:** • Chapter 6, Legal and Ethical Considerations • Chapter 4, Treatment Settings **Assignments**: • Sherpath Lesson: Mental Health Law • Sherpath Lesson: Inpatient Treatment Settings • Sherpath Lesson: Outpatient Treatment Settings • Unit 2 Discussion: Case Study **Quizzes:** • Unit 2 Quiz: Chapter 6, Legal and Ethical Considerations • Unit 2 Quiz: Chapter 4, Treatment Settings	10 pts/each 5 pts 20 pts/each
3 Therapeutic Relationships and Assessment in Psychiatric Mental Health	**Topics**: Therapeutic Relationships and Assessment in Psychiatric Mental Health: • Therapeutic Relationships and Communication • Assessment in Psychiatric Mental Health **Readings:** • Chapter 8, Therapeutic Relationships • Chapter 9, Therapeutic Communication • Chapter 7, The Nursing Process and Standards of Care **Assignments**: • Sherpath Lesson: Nurse-Patient Relationship • Sherpath Lesson: Therapeutic and Nontherapeutic Communication • Sherpath Lesson: Nursing Process in the Context of Mental Health Nursing • Unit 3 Discussion: Case Study • HESI Exam 1 ProctorU Assignment	10 pts/each 5 pts C/I

	Quizzes: • Unit 3 Quiz: Chapter 8, Therapeutic Relationships • Unit 3 Quiz: Chapter 9, Therapeutic Communication • Unit 3 Quiz: Chapter 7, The Nursing Process and Standards of Care	20 pts/each
4 Loss and Grief	**Topics:** Loss and Grief: • Types of Losses • The Grieving Process **Readings**: • Chapter 30, Dying, Death, and Grieving **Assignments**: • Sherpath Lesson: Grief and Death • Sherpath Lesson: Palliative Care • Sherpath Lesson: Hospice and End-of-Life Care **Quizzes:** • Unit 4 Quiz: Chapter 30, Dying, Death, and Grieving	10 pts/each 20 pts
5 Anger, Hostility, Aggression, and Disruptive Behavior	**Topics:** Anger, Hostility, Aggression, and Disruptive Behavior: • Anger, Hostility, and Aggression • Disruptive Behavior **Readings**: • Chapter 27, Anger, Aggression, and Violence • Chapter 11, Childhood and Neurodevelopmental Disorders • Chapter 21, Impulse Control Disorders **Assignments**: • Sherpath Lesson: Aggression and Violence • Sherpath Lesson: Autism Spectrum Disorders • Sherpath Lesson: Attention-Deficit/Hyperactivity Disorder • Unit 5: Discussion Case Study **Quizzes:** • Unit 5 Quiz: Chapter 27, Anger, Aggression, and Violence • Unit 5 Quiz: Anger Aggression Bullying and Violence NGN • Unit 5 Quiz: Chapter 11, Childhood and Neurodevelopmental Disorders	10 pts/each 5 pts 20 pts/each

	• Unit 5 Quiz: Chapter 21, Impulse Control Disorders **Assessments:** • HESI Exam 1	 100 pts
6 Disorders of Addiction and Dependence	**Topics:** Disorders of Addiction and Dependence: • Substance Abuse • Pharmacological Management of Substance Abuse **Readings:** • Chapter 22, Substance-Related and Addictive Disorders **Assignments**: • Sherpath Lesson: Overview of Substance Use Disorders • Sherpath Lesson: Management of the Patient with a Substance Use Disorder • Sherpath Lesson: Nonchemical Addictive Disorders • Unit 6: Discussion Case Study • HESI Personalized Learning Plans **Quizzes:** • Unit 6 Quiz: Chapter 22, Substance-Related and Addictive Disorders • Unit 6 Quiz: Substance Abuse and Addiction NGN	 10 pts/each 5 pts 100 20 pts/each
7 Disorders of Anxiety	**Topics:** Disorders of Anxiety: • Anxiety • Panic Disorder • Pharmacological Management of Anxiety Generalized Anxiety Disorder and Phobias **Readings:** • Chapter 15, Anxiety and Obsessive-Compulsive Disorders **Assignments**: • Sherpath Lesson: Defense and Coping Mechanisms • Sherpath Lesson: Generalized Anxiety Disorder • Sherpath Lesson: Stress Disorders • Sherpath Lesson: Obsessive-Compulsive Disorder • Unit 7: Discussion Case Study **Quizzes:**	 10 pts/each 5 pts

	• Unit 7 Quiz: Chapter 15, Anxiety and Obsessive-Compulsive Disorders • Unit 7 Quiz: Anxiety Panic and OCD NGN	20 pts/each
8 Somatic Symptom Illnesses and Sleep/Wakefulness Disorders	**Topics:** Disorders of Addiction and Dependence: • Somatic Symptom Illnesses • Sleep/Wakefulness Disorders **Readings:** • Chapter 17, Somatic Symptom Disorders • Chapter 19, Sleep-Wake Disorders **Assignments**: • Sherpath Lesson: Overview of Somatic Symptom and Related Disorders • Sherpath Lesson: Nursing Care of Patients with Somatic Symptom and Related Disorders • Sherpath Lesson: Altered Sleep • Sherpath Lesson: Assessment Related to Sleep • HESI Exam 2 ProctorU Assignment **Quizzes:** • Unit 8 Quiz: Chapter 17, Somatic Symptom Disorders • Unit 8 Quiz: Chapter 19, Sleep-Wake Disorders	10 pts/each C/I 20 pts/each
9 Mood Disorders and Suicide	**Topics:** Mood Disorders and Suicide: • Introduction of Mood Disorders • Major Depressive Disorder • Bipolar Disorder • Suicide **Readings:** • Chapter 14, Depressive Disorders • Chapter 13, Bipolar and Related Disorders • Chapter 25, Suicide and Nonsuicidal Self Injury **Assignments**: • Sherpath Lesson: Depressive Disorders • Sherpath Lesson: Bipolar Disorder • Unit 9: Discussion Case Study **Quizzes:** • Unit 9 Quiz: Depression NGN	10 pts/each 5 pts 20 pts/each

	• Unit 9 Quiz: Chapter 14, Depressive Disorders • Unit 9 Quiz: Bipolar and Mania Disorders NGN • Unit 9 Quiz: Chapter 13, Bipolar and Related Disorders • Unit 9 Quiz: Suicide and Self-injury NGN • Unit 9 Quiz: Chapter 25, Suicide and Nonsuicidal Self Injury	
10 Eating and Obsessive-Compulsive Disorders	**Topics:** Eating and Obsessive-Compulsive Disorders: • Eating Disorders • Obsessive-Compulsive Disorder **Readings:** • Chapter 18, Eating and Feeding Disorders **Assignments**: • Sherpath Lesson: Overview of Eating Disorders • Sherpath Lesson: Collaborative Care of Eating Disorders • Sherpath Lesson: Nursing Care of the Patient with Eating Disorders **Quizzes:** • Unit 10 Quiz: Eating and Feeding Disorders NGN • Unit 10 Quiz: Chapter 18, Eating and Feeding Disorders **Assessments:** • HESI Exam 2	10 pts/each 20 pts/each 100 pts
11 Personality Disorders	**Topics:** Personality Disorders: • Personality Disorders **Readings:** • Chapter 24, Personality Disorders **Assignments**: • Sherpath Lesson: Overview of Personality Disorders • Sherpath Lesson: Management of the Patient with a Personality Disorder • HESI Personalized Learning Plans **Quizzes:** • Unit 11 Quiz: Chapter 24, Personality Disorders	10 pts/each 100 20 pts/each
12 Schizophrenia	**Topics:** Schizophrenia: • Schizophrenia	

	Readings: • Chapter 12, Schizophrenia Spectrum Disorders **Assignments:** • Sherpath Lesson: Overview of Schizophrenia and Other Thought Disorders • Sherpath Lesson: Management of the Patient with Thought Disorders • Unit 12: Discussion Case Study **Quizzes:** • Unit 12 Quiz: Chapter 12, Schizophrenia Spectrum Disorders	10 pts/each 5 pts 20 pts/each
13 Neurodevelopmental and Cognitive Disorders	**Topics:** Neurodevelopmental and Cognitive Disorders: • Neurodevelopmental Disorders • Cognitive Disorders **Readings:** • Chapter 11, Childhood and Neurodevelopmental Disorders • Chapter 23, Neurocognitive Disorders **Assignments**: • Sherpath Lesson: Autism Spectrum Disorders (v2) Sherpath Lesson: Attention-Deficit/Hyperactivity Disorder (v2) • HESI Final Exam ProctorU Assignment **Quizzes:** • Unit 13 Quiz: Chapter 11, Childhood and Neurodevelopmental Disorders (v2) • Unit 13 Quiz: Chapter 23, Neurocognitive Disorders • Unit 13 Quiz: Neurocognitive Disorders NGN	10 pts/each C/I 20 pts/each
14 Abuse, Violence, Trauma, and Stressor Related Disorders	**Topics:** Abuse, Violence, Trauma, and Stressor Related Disorders: • Clinical Picture of Abuse and Violence • Child and Elder Abuse • Rape, Sexual Assault, and Community Violence • Trauma and Stressor Related Disorders **Readings:**	

	• Chapter 28, Child, Older Adult, and Intimate Partner Violence • Chapter 29, Sexual Assault • Chapter 16, Trauma, Stressor-Related, and Dissociative Disorders **Assignments:** • Sherpath Lesson: Emotional, Physical, Sexual, and Financial Abuse **Quizzes:** • Unit 14 Quiz: Child Older Adult and Intimate Partner Violence • Unit 14 Quiz: Chapter 28, Child, Older Adult, and Intimate Partner Violence • Unit 14 Quiz: Chapter 29, Sexual Assault • Unit 14 Quiz: Chapter 16, Trauma, Stressor-Related, and Dissociative Disorders	10 pts/each 20 pts/each
15 Final Exam	**Topics:** Final Exam **Assessments:** HESI Final Exam	100 pts
16 Final Reflection	**Topics**: Final course reflection **Assignments:** • Final reflection on objectives	5 pts

HESI Conversion Chart

HESI Score	Percentage
>=1100	100
1050-1099	95
1000-1049	90
950-999	85
900-949	82
875-899	80
850-874	78
800-849	75
750-799	71
700-749	67
600-699	59
500-599	50
400-499	41

<400	32

*Pass rates may vary by program requirement- Refer to the University Catalog

Graduate Grading Scale

A	90.00-100%
B	80.00-89.99%
F	0.00-79.99%

Grade Summary

Grade Summary	Weight	Method of Scoring
Assignments (Sherpath Lessons, Discussions)	5%	Points
Remediation/Personalized Learning Plans	5%	Points
Quizzes (Sherpath EAQ Quizzes)	10%	Points
HESI Unit Exams	40%	Points
Final Exam	40%	Points
Total	**100%**	

POLICIES

*University policies, such as attendance philosophy, notification of absences, extenuating circumstances, accommodation requests, academic dishonesty, late policy, grading and grading symbols, and student conduct are included in the University catalog. Students should reference the catalog for the complete listing of policies.

**Note: In some cases, program and/or course specific information may be appended to the syllabus as an addendum. In these instances, students must consider the syllabus to be inclusive of any appended information, and as such, students must adhere to all course requirements as described in the document in its entirety.*

Proctoring Policy for Remote Testing

Examinations in the nursing program are proctored. The following applies to exams that are taken remotely or on-campus that are proctored exclusively via third-party proctoring services. Herzing University is committed to protecting each student's privacy while also maintaining the integrity of assessments used to determine student achievement of learning objectives. As part of its efforts to do so, Herzing uses third-party proctoring services with software that allows for recorded or live proctoring of exams, to maintain the integrity of the exams

administered by the University.

The automated and live proctoring solutions monitor test takers via a webcam, microphone, browser, and device to uphold the integrity of the assessment. This process includes compliance with testing guidelines including securing the testing environment, monitoring test taker behavior, prohibiting speaking aloud, dropped internet connections, and other activities that may indicate irregular or unapproved testing activities. When the process includes a live proctor, irregular testing activities may result in the proctor ending the testing session early. An institution-approved representative will determine if any further action is warranted based on University policy.

Any student accessing an exam without the use of the required proctoring service will receive a zero on the exam.

THIRD-PARTY TESTING

Assessment and remediation are critical components of nursing education. Students in the nursing program may be required to take third-party, standardized exams in an electronic format throughout the curriculum. These standardized tests are valid and reliable predictors of success on the NCLEX examination and provide valuable feedback concerning student strengths and weaknesses. Student learning outcome data identifies content areas that require remediation, allowing faculty to personalize student support and intervention. Courses that utilize third-party exams will incorporate the points earned on the test as a percentage of the final grade earned for the course as specified in the course syllabus.